



Color Recognition Suggested Activities

- **Try using more color-descriptive language in your everyday life.** For example, instead of just giving your child a pile of clothing in the morning to change into for the day, give them one piece at a time while you are describing it. This could sound like, “I have your clothes for today. Here is a shirt that is red, a pair of shorts that are blue, and a pair of socks that are white. After you are dressed, please put on your orange sneakers.”
- **I Spy with My Little Eye Game:** To play, choose one player to be the “spy”. You could choose that person by starting with whoever is the oldest, to model how the game is played and then move on to the next oldest and so on. The spy silently chooses an object and then says, “I spy with my little eye something that is the color _____.” The other participants may then begin guessing which object the spy choose until someone guesses correctly. The other participants may ask for attritional clues that could describe other attributes of the item. The focus is to begin with the first clue describing the color of the chosen object.
- **Color Match Game:** To play, you will paper that is differently colored (red, yellow, blue, purple, green, black, etc.) or pieces of paper you and your child have colored, a basket or container to collect smaller household items, and assorted household items that are the same colors at your papers. You could collect items like bottle caps, Chapstick, small toys, colored pencils, hair clips, etc. Lay the papers in a line on the floor or table and the basket of assorted items beside it. Instruct your child to place each of the items on the paper that matches the color of the object.
- **Color Scavenger Hunt:** You can create your own scavenger hunt by drawing large colored dots and an empty square next to each color on a piece of paper. Instruct your child to look for an item for each color. When they find an object that matches the color, they can cross out the box. For example, for the yellow dot, they could spot a banana and then mark out the box next to the yellow dot.

- **Color Mixing Activity:** You will need paint (watercolors, acrylic, or washable) in the primary colors: red, yellow, and blue. You could make this activity more in-depth and also introduce white and black, but it is not necessary. You will also need paper. To begin, put a small dab of one color and a small dab of another color next to each other. Guide your child through the activity with questions like this: “What two colors are these? If we mixed them together, what color do you think it will make? Go ahead and mix them together. What color does this look like? Yes, when you mix yellow and blue yellow it makes green!” Repeat with different combinations of colors. If you choose to also introduce black and white. You can go back over the new colors you’ve created with white, making them each lighter and then black last to show how black darkens colors. Black and white make different shades of colors.